



28 November 2023

Britannia Group PEME Consultant

We are pleased to remind members of the Britannia Group's PEME Consultancy service, originally launched in 2018. As well as a reminder, we introduce the new provider of the service, Your Excellent Health Service (YEHS). The service is designed to provide assistance to Members in determining crew fitness to work and in maintaining crew wellbeing on an ongoing basis.

The issue of crew health and the importance of adequate pre-employment medical examinations (PEMEs) remains the focus of much discussion and many Members will already have in place enhanced medicals as part of their pre-employment medical screening for their crew, either across their fleets or for certain crew.

Over the years, the Managers have received numerous enquiries from Members on both general issues relating to crew health (for example, the testing criteria to be adopted for certain ages and nationalities and the choice of clinic) and specific issues relating to the employment of particular crew (such as the effect of certain past and preexisting illnesses on future employment).

This consultancy service is available to all Members who have owned entries with the Britannia Group. The PEME consultant will charge per enquiry and, of the aggregate charges incurred by each Member per policy year, Britannia will absorb the first USD1,000.

This initiative is intended to be a flexible service designed to meet the individual Member's needs and concerns and to respond to a wide range of questions relating to the pre-employment health of crew to be deployed on Britannia P&I ships. Examples of the types of question that will likely be covered through the initiative are set out below.

How might the Britannia Group PEME Consultant assist you?

The PEME Consultant could, for example, be requested to provide his input on the following:

- adequacy of the Member's existing PEME examinations/policies/criteria
- recommended validity periods of PEMEs
- recommended scope of examination what should be included, for whom and how often
- specific health concerns for particular countries/conditions/age groups
- fitness for sea duty of crew members based on PEME results
- risks relating to pre-existing medical conditions
- effect of past medical history or any medical 'restrictions' on fitness to work at sea
- need for testing for HIV and hepatitis and the issues arising from the employment of infected crew
- obesity levels and BMI criteria
- control of ongoing medical conditions on board the ship, for example, by way of medication
- choice of PEME clinic and recommended inspection and audit of clinics
- general advice on developing and running a Member's own PEME scheme.

All enquiries will be treated confidentially.

The Britannia Group and the Managers respect data privacy and will treat any data provided by Members in accordance with the General Data Protection Regulation (GDPR). Members for their part are responsible for ensuring their own compliance with applicable data protection legislation when transferring any personal data to us in connection with this initiative.







About YEHS

Medical Director: Dr Charlie Easmon.

YEHS have established a reputation as a leading consultant in the field of maritime PEMEs and have more than 10 years' experience of designing and implementing these programmes. It already advises a number of IG Clubs and shipowners/managers on their recommended schemes.

Furthermore, the YEHS team has more than 20 years' experience in Cruise Line Medicals and is registered to conduct UK Oil and Gas Medicals.

Should Members wish to learn more about YEHS, they are invited to follow the link to YEHS's website: <u>https://yourexcellenthealth.org/</u>

All enquiries about this facility should be addressed to the Managers at: PemeEnquiries@tindallriley.com.

Any enquiries which are considered to fall within the PEME Consultant initiative will be forwarded to YEHS for its response.



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