



DON'T SUFFER IN SILENCE

Accidents, piracy, bereavement... When crisis hits, it's easy to feel out of control.

Our Crisis Response Network can help you get back on your feet. Whether you need medical help, someone to visit your family, or just someone to talk to, we're here for you.

Our free, confidential service is available all around the world, 24 hours a day.

Email crisis@sailors-society.org
www.sailors-society.org/support-for-seafarers



Need help?

Email crisis@sailors-society.org visit
www.facebook.com/SailorsSocietyCRN, or go to
www.sailors-society.org/support-for-seafarers

